

# ILLINI WEST BASEBALL

## #DOSIMPLEBETTER

### **Goals**

#### Team

1. Win as many games as possible.
2. Win the Conference.
3. Make it to the state finals.

#### Individual

1. To contribute to the team goals to the best of my ability.

### **Rules**

1. Listen
2. Be on time
3. Practice/Play Hard

### **Expectations and Responsibilities**

1. Your attendance at all practices and games is expected. It is not ok to miss. Every effort should be made to attend practice. **You get one pre approved personal day to miss practice. This day must be granted in advance. Should be used when something comes up that you have to take care of and must miss practice. A couple of examples might be meeting with a teacher after school or going on a college visit.**
2. Your appearance is important. Look presentable.
3. Take care of equipment issued to you.
4. Everyone will help take care of the baseball field and practice equipment.
5. Good behavior and attitude is important to the success of the team.
6. Players will stay in the dugout area during games unless they have permission to leave.
7. Report all injuries to coach. Update coach on doctor/trainers orders.
8. Always think safety first. Avoid situations that may set up an injury.
9. Be positive when talking about your team and school.
10. Abide by the IWHS Handbook and its rules and regulations.

**Disciplinary action will be taken when a team member does not meet the expectations and responsibilities. The penalty assigned will be determined by the head coach and be handled on a case by case basis.**

### **Dress at practice**

1. Wear an IW baseball shirt, sweatshirt, jacket. Non IW sweatshirt/jacket/coat ok when cold.
2. Baseball pants are to be worn at all practices. Sweatpants or other warmer pants may be worn over baseball pants if it is cold outside.
3. Wear your IW baseball hat.
4. Have clothes/shoes available for indoor or outdoor practice.

### **Dress at games**

1. Wear your uniform properly. Jersey tucked in. Hat on straight. Navy Belt. Navy socks if wearing pants that show socks.

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### **Road games**

1. Be respectful on the bus. Keep it clean.
2. Get off the bus in full uniform.
3. If you are not taking the bus home be sure you get signed out.

### **Cell phone**

Do not use your cell phone during games or practices.

### **Contact info**

Coach Huston- Mobile- 815-592-7101 Home- 217-357-6944 School 217-357-2136 email- [Huston.zak@illiniwest.org](mailto:Huston.zak@illiniwest.org)

Coach Walker- 309-333-2494 [tylerwalker3528@gmail.com](mailto:tylerwalker3528@gmail.com)

Twitter- @illiniwestbb

### **Parent code of conduct**

1. Let the coaches "coach" and respect their decisions.
2. Show interest, enthusiasm, and support for all members of the team
3. Provide only supportive comments to coaches and players of both teams.
4. Do not criticize umpires. They are trying their best.
5. Avoid coaching son during the game.
6. Make every effort to communicate with your son before or after the game.
7. Remain in the spectator area.

By signing below we, \_\_\_\_\_ (player) and \_\_\_\_\_ (parent),  
acknowledge we have read the baseball rules and regulations and the parent code of conduct as described above.

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Player Signature and Date

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Parent Signature and Date

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